Safe Routes to School

at Whittier Educational Campus

WHAT IS SAFE ROUTES TO SCHOOL?

A program in schools across the country that tries to increase the number and safety of elementary and middle school students who walk or bike to and from school!

WHY SAFE ROUTES TO SCHOOL AT WHITTIER?

- To increase students' safety by decreasing the number of cars in front of the school at arrival and dismissal times.
- To improve students' health through more physical activity by walking and biking to/ from school.
- To enhance students' self-esteem, psychological health, energy, alertness, and behavior in school through more physical activity.
- To encourage a sense of community as neighbors walk their children to and from school together.

The Safe Routes to School program at Whittier will only be a success with the help of parent, teacher, and community partners!

To ask questions or volunteer, contact **Tori Smith,** at **202-806-6572** or **trhoulac@howard.edu.**

WHAT SHOULD YOU EXPECT FROM THE SAFE ROUTES TO SCHOOL PROGRAM?

School Team meetings to plan Safe Routes projects and promotions. (Next Meeting: **Wednesday, May 19th at 3:30pm** * Parents & school staff are invited to attend!)

Walk & Roll Club cards to encourage students to walk and bike to/from school. (This is for students in grades K-4. Cards will be given out the week of May 3rd and this activity will go from **May 3rd-June 11th**.)

School safety patrol training so that students can help make arrival and dismissal safer for all students. (Students in grades 5 & 6, **look for more information in May & June**.)

The **George Washington University study** to measure how physically active students are. (This study was done in March & April 2010.)

Pedestrian and bicycle safety education in physical education classes. (Done by the Washington Area Bicyclist Association in October 2009.)

SafeRoutes
DC Safe Routes to School Program

SAFE ROUTES to School
NATIONAL PARTNERSHIP